

**What to do if someone ODs!!!**

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2. Call 911
3. Administer naloxone
4. Rescue breathe
5. Narcan every 3 minutes until they wake up

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**1. Can you wake them up? Try rubbing their sternum**



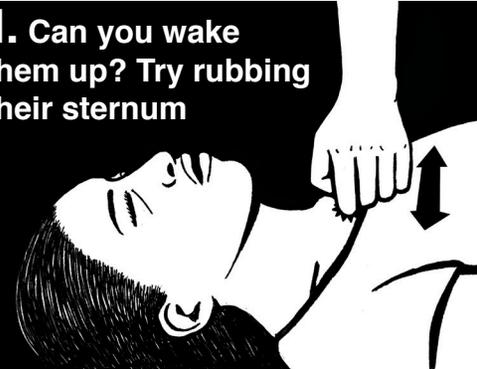
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Rub your knuckles **HARD** back and forth along their upper chest (sternum).

**2. No response? Call 911**



You can say, "My friend stopped breathing and is turning blue!"

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**3. Remove nasal naloxone from packaging. Place your thumb on the plunger and fingers on either side of the nozzle.**



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**4.** Place the nozzle of the nasal naloxone into the person's nostril.



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**5.** Depress the plunger. It will take about 3 minutes for naloxone to kick in.



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**6.** While waiting for the naloxone to work do rescue breathing: Tilt the head back, plug their nose, and give one breath every 5 seconds. Look for their chest to rise when you blow air in. Repeat naloxone and rescue breathing cycle until they wake up.



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- No naloxone left? Rescue breathing on its own can keep someone alive!
- Call 911 because naloxone might not be enough!
- Cops don't always show up to OD's - that's why you tell 911 that the person stopped breathing and is turning blue

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***Love Drug Users!  
Use naloxone and do rescue breathing!***

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