

# YOUR LIFE IS WORTH IT!

**Plan ahead so that someone will be able to get you help or Narcan you if you overdose.**

*When you shoot dope, try and have someone there with you until you finish your shot. If that's not possible, make sure someone's planning on checking on you. Or call a friend and have them wait on speakerphone until you're done.*



**Narcan won't help if there's no one there to give it to you!**

**Do your best to make sure that when you get high, someone will be able to help in case you OD.**

**LOVE DRUG USERS. LOVE YOURSELF.**